Fellowship Checklist 2024-2025 – Part 2
Department of Medical Imaging, University of Toronto

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SIM card
Having a working phone number is very essential for the significant administrative/life tasks you will begin during your two weeks before starting your fellowship.
There are two main options:

- Bring your sim card with you from your country and pre-purchase a roaming plan etc for the first month until you get a local SIM/plan.
- Order a prepaid Canadian sim card to be delivered to your home country which you bring with you and activate when you land [https://www.simoptions.com/prepaid-sim-card-canada/](https://www.simoptions.com/prepaid-sim-card-canada/)
- Option of the FONGO free app provides for free a Canadian local phone number for free calls (but not text). It might be enough for some people depending on their home country phone plan.
- If you have your SIN and have a bank account (see below) then it is easy to get a SIM card in person in Toronto from the major mobile companies.
- You can get a cheaper option online or from a store, the prices/deals are continuously changing.

Tasks to start upon arrival in Canada:
1. Apply for LEVEL 2 background check with Toronto Police that is needed for CPSO/UofT registration.
      Letter will be emailed to you and takes 7-10 days.
   b) You can apply in person - 40 College St, Toronto
c) You can post your documents to someone in Toronto, to apply on your behalf. The level 2 background check will then be emailed to you, and you can submit it to the CPSO ahead of time.

2. Apply for SIN (Social Insurance Number)
   b) Apply at Pearson airport on arrival - Service Ontario desk just when you exit the immigration office, but maybe closed depending on your arrival time.
      I. You will need your work permit, passport and proof of address in Canada.
      II. Examples of acceptable proof of address in Canada:
          - letter or document from a government (federal, provincial, territorial, or foreign)
          - letter or document from a financial institution (bank statement, credit card statement, mortgage contract or statement, etc.)
          - residential tenancy agreement/lease
          - bill (such as a telecom provider, a cable provider, a utility provider, etc.)
          - any document issued by a school, college or university that shows your address.
          - employment contract that shows your address
          - letter from an organization or an institution attesting the mailing address of the applicant. The organization/institution and the applicant must sign the letter confirming the mailing address.
      III. This will take 7-10 days to receive in the mail.
      IV. You can collect a physical copy/print out from Service Canada in person (This is different to Service Ontario where you get your OHIP “Ontario Health Insurance Plan” and driver’s license etc.).

3. Apply for a bank account
   a. In-person
      - super quick process
      - Needed so you can pay for your CMPA and complete your registration with UofT and begin work.
      - minimum requirements: proof of address, work permit and SIN
      - Many variations on what banks require before you can open an account. Banks have offers for newcomers, so check a couple of banks before finalizing your bank. You will need to google/research yourself and it is highly advisable to call the banks themselves and ask for advice.
b. Some banks may have agreements with your country/bank and so you can open prior to arriving in Canada.

c. Some banks may allow you to open an account online if you present in person within 2 weeks with the required documents.

4. **Apply for OHIP in person at Service Ontario**

   a) When you arrive and you provide PGME with your work permit, they will send you registration instructions which will include how to apply for OHIP.

   b) You will need three separate, **original** (not photocopies or printouts of electronic documents) identification documents:

      - one that proves your OHIP - eligible immigration status (your work permit)
      - one that proves you live in Ontario (your signed lease or other proof of address as described above previously)
      - one that supports your identity (passport)

   c) Make an appointment online for OHIP if possible.

   d) OHIP office opens at 8.30am, be there early as there is a long queue even before the office opens.

   e) Closest Service Ontario location - 777 Bay Street Lower Level, Toronto, [https://www.ontario.ca/locations/serviceontario/bay-and-college-toronto](https://www.ontario.ca/locations/serviceontario/bay-and-college-toronto)

   f) Not all Service Ontario locations can issue OHIP.

   g) UHIP is no longer needed as you can apply directly for OHIP.

For questions, please contact these current Medical Imaging fellows:
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