

Chair Grand Rounds

Monday, January 13, 2025 | 12:00PM-1:00PM

Faculty, Residents & Fellows are invited to attend via Zoom.

Wellness in our Work and Learning Environments: Accelerating Us to Healthier Workplace

Dr. Julie Maggi

Dr. Julie Maggi is the Director of Faculty Wellness in the Temerty Faculty of Medicine at the University of Toronto and a Staff Psychiatrist at St. Michael's Hospital providing consultation-liaison psychiatry services. She holds an academic appointment of Assistant Professor in the Department of Psychiatry in the Temerty Faculty of Medicine at the University of Toronto.



She graduated medical school from McMaster University and completed her postgraduate medical training in Psychiatry and a Master of Science (Institute of Medical Science) at the University of Toronto. She also completed fellowships in HIV Psychiatry at the University of Toronto, Administrative Psychiatry at Columbia University, and Consultation-Liaison Psychiatry at the Icahn School of Medicine at Mount Sinai in New York City.

Her previous roles included Director of Postgraduate Education (2011 – 2017), interim Psychiatrist-in-Chief (July 2016 – May 2017), and Director of Postgraduate Wellness, Faculty of Medicine, University of Toronto (2016 – 2017).

Her academic and research interests are in understanding the organizational drivers and contributors to fatigue in physicians.

Learning objectives

By the end of the session, attendees will be able to:

1. Appreciate the impacts of chronic occupational stresses on physicians, and the impact of burnout on personal and work-related outcomes
2. Appreciate the dimensions and foundational theories that impact on wellbeing of physicians.
3. Understand strategies for enhancing organizational wellness.

Join Zoom Meeting

<https://utoronto.zoom.us/j/89160130377>

Passcode: 386865