



Cardio-pulmonary Complications of Cancer Therapeutics

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Background

- Cardiopulmonary toxicities are significant adverse effects associated with various cancer treatments.
- Incidence is related to the type of therapeutic agent and patientrelated factors.

Risk Factors:

- Pre-existing cardio-pulmonary conditions.
- Concurrent use of multiple cardiotoxic agents.
- ▶ Higher cumulative doses of chemotherapy and radiotherapy.

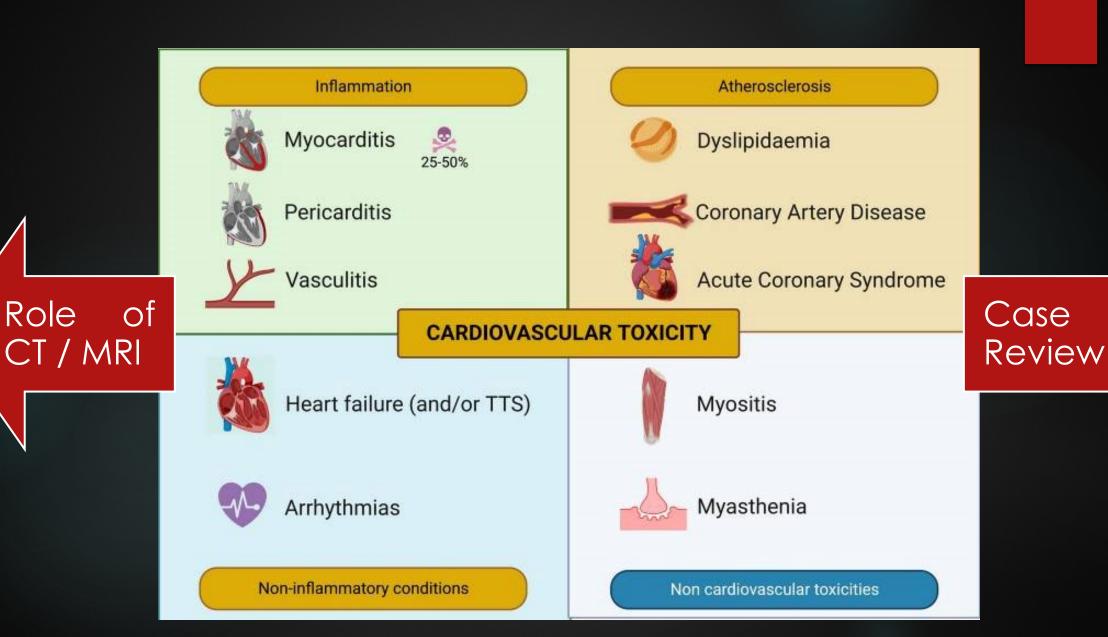
Overview of chemotherapeutics

Conventional chemotherapeutics

- Alkylating agents: Cyclophosphamide, Cisplatin
- Antimetabolites: Methotrexate, 5-FU
- Alkaloids: Paclitaxel, Vincristine
- Anthracyclines: Doxorubicin, Daunorubicin
- Topoisomerase Inhibitors: Topotecan, Etoposide

Immune-checkpoint inhibitors

- PD-1 Inhibitors: Pembrolizumab, Nivolumab
- PD-L1 Inhibitors: Atezolizumab, Durvalumab
- CTLA-4 Inhibitors: Ipilimumab



Role

Conventional Chemotherapies adverse effects

Cardiotoxicity

- Heart failure (0.9%-26%)1
- Myocardial-dysfunction (30%)²

Vascular Toxicity

- Hypertension (30%)³
- Arterial thrombosis (4%)⁴

Immune Checkpoint Inhibitors (ICI) adverse effects

Cardiac

Myocarditis (3%)⁵

Pericarditis (1.5%)⁶

Arrhythmia (1.5%)⁷

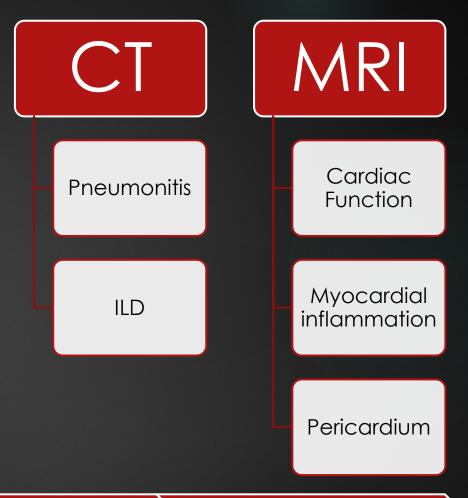
Pulmonary

Pneumonitis (2.7%)⁸

ILD $(3.5\%)^9$

Pleural effusion (1.1%)¹⁰

Value of Imaging



Early Detection

Monitoring progression

Guiding treatment

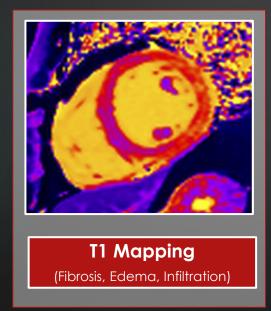
Role of CMR

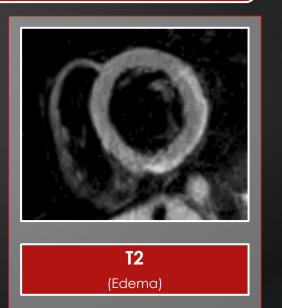
- ▶ Myocarditis following ICIs is rare $(\sim1\%)$, but has a high mortality rate if untreated.
- CMR plays a critical role in the diagnosis, providing detailed insights into inflammation, necrosis, and fibrosis.

CMR Techniques



(Fibrosis, Scar, Infiltration)







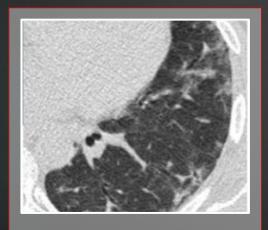
Role of CT

- Imaging modality of choice for diagnosing and monitoring pneumonitis.
- Regular CT follow-up is necessary to track progression and recovery.

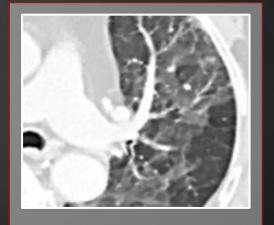
Specific CT Patterns



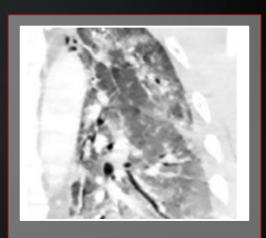
Organizing pneumonia pattern



Non-specific Interstitial pneumonia pattern

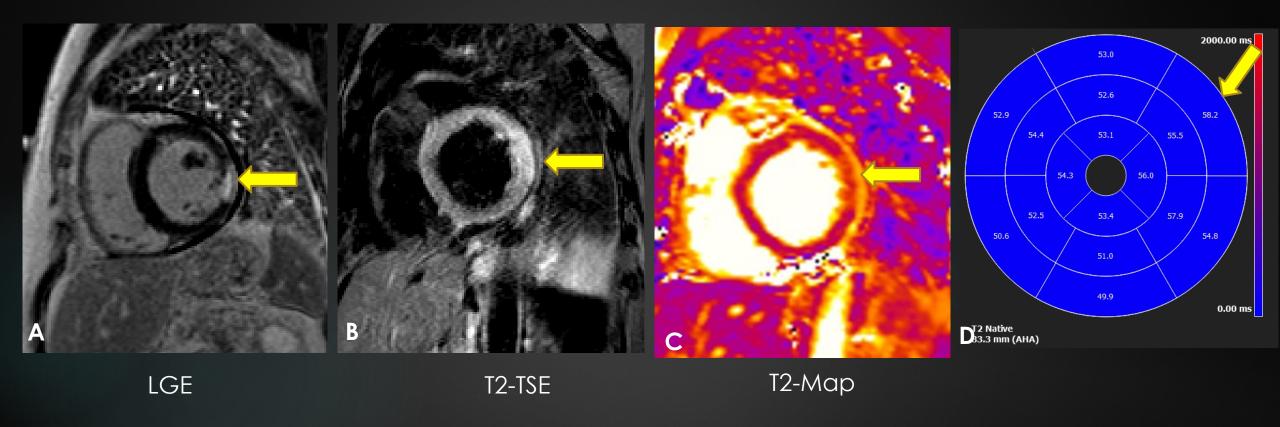


Hypersensitivity
Pneumonitis Pattern



Diffuse Alveolar Damage pattern

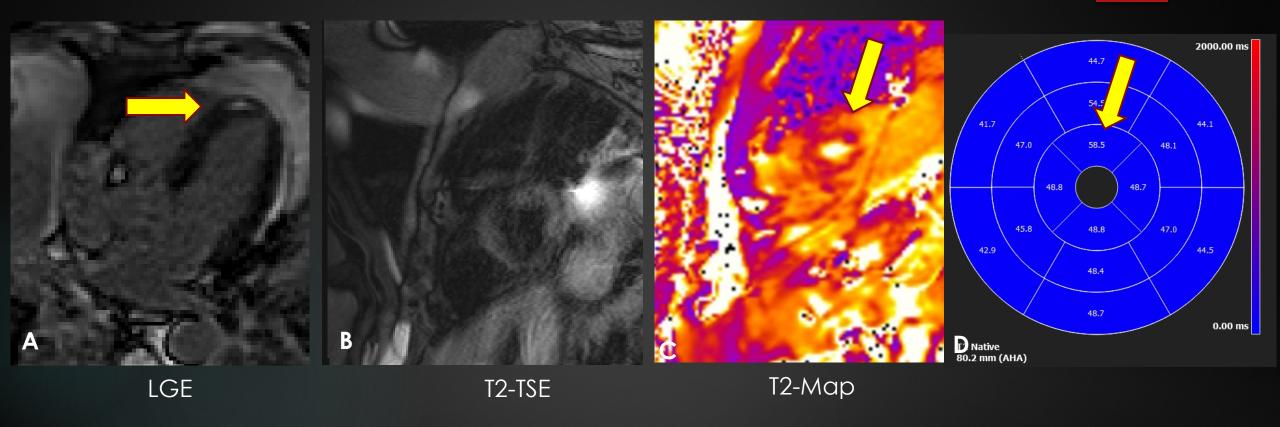
70y female NSCLC on Pembrolizumab



Clinical: Chest pain, hemoptysis, and elevated troponin.

CMR: Transmural late gadolinium enhancement (LGE) in the basal to mid inferolateral wall with adjacent epicardial LGE (A) and associated myocardial edema (B), fulfilling the Lake Louise Criteria for Acute myocarditis. Elevated T2 values in the T2 map (C, D)

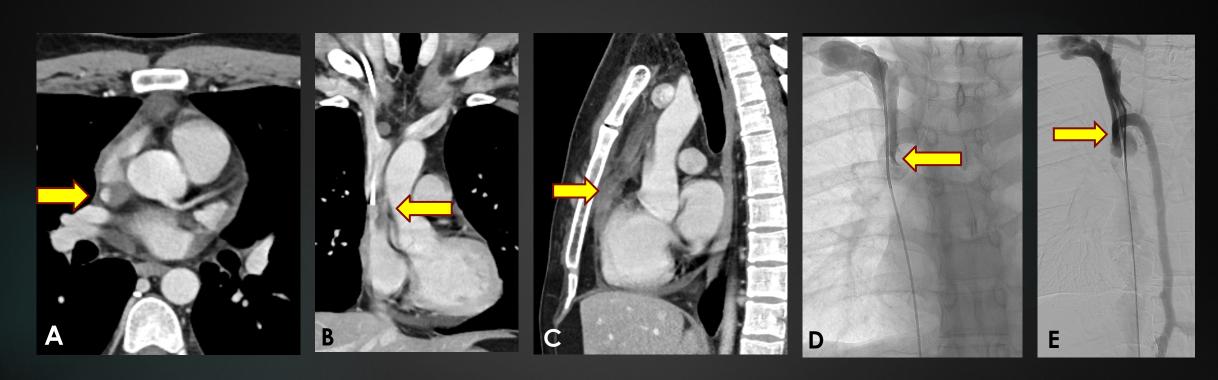
59y male with RCC on Nivolumab



Clinical: Severe generalized immune reaction and elevated troponin (2900 ng/L).

CMR: Subtle epicardial linear and patchy late gadolinium enhancement at the left ventricular apex (A), without any myocardial edema (B) and normal T2 values on the map (C, D), representing nonischemic myocardial injury, most likely representing immune myocarditis.

23y male with ALL on Steroid treatment

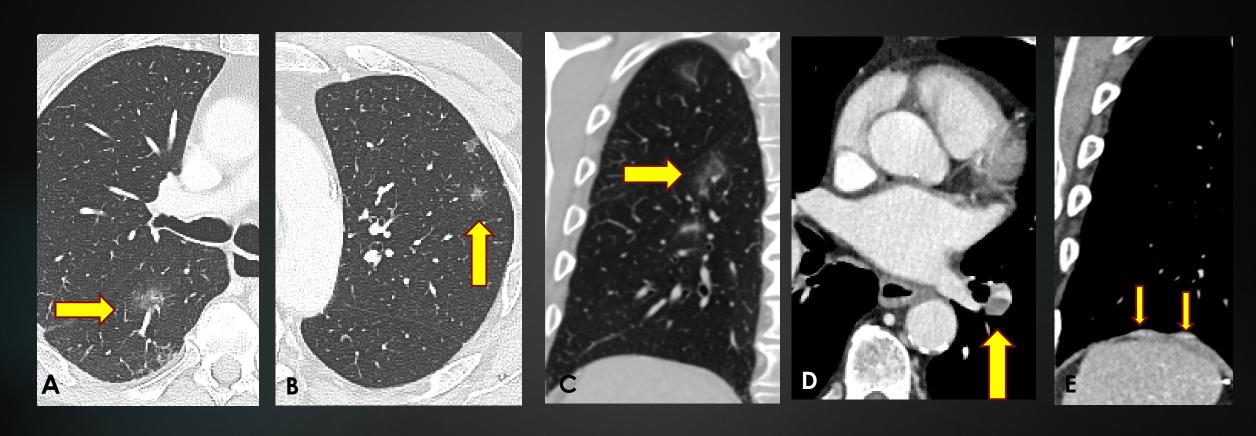


Clinical: Neck and chest swelling.

CT Chest: Hypodense area adherent to the medial wall of the lower superior vena cava (SVC), indicative of catheter-related thrombosis (A, B). The anterior mediastinal mass is also seen (C).

Venogram: confirmed SVC occlusion by an intraluminal clot and mild to moderate distal SVC stenosis (D). Subsequent clot lysis was performed (E).

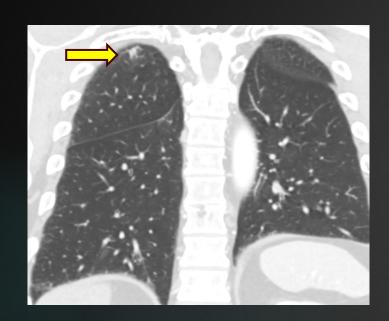
80y Male with RCC on Cabozantinib



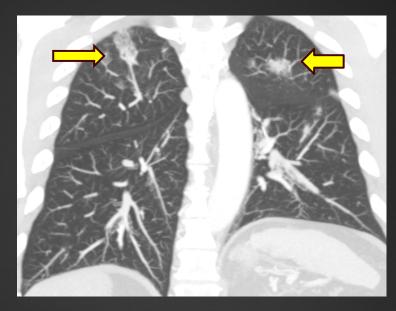
Clinical: Pleuritic chest pain, dyspnea.

CT chest: New patchy areas of ground-glass opacity, likely related to immunotherapy (A, B, C), along with **pulmonary embolism** in the left lower lobe pulmonary artery (D) and stable pleural metastatic disease (E).

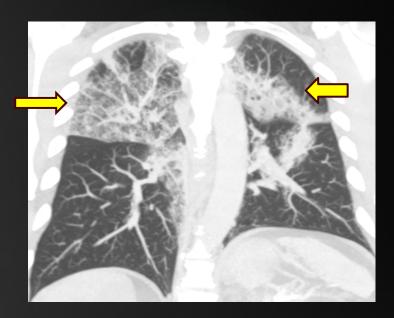
63y male SCC larynx on Pembrolizumab







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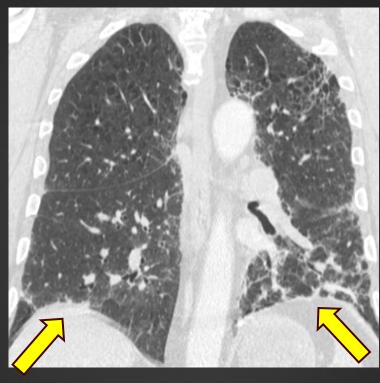
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Clinical: Chest pain, shortness of breath.

CT Chest: Evolution of bilateral ground-glass opacities and consolidations over a period of 3 months following the initiation of chemotherapy, consistent with drug-induced pneumonitis.

74y Male with Lymphoma on Bleomycin







Baseline

1 month post treatment

1 year follow-up

Clinical: Shortness of breath.

CT Chest: Evolution of bilateral, symmetric and predominantly peripheral and lower lobe distribution of the predominantly interstitial pulmonary parenchymal findings are suggestive of **bleomycin toxicity**, of moderate degree (A, B). The findings resolved on 1 year follow up (C).

Conclusion

Precision oncology --> Complex cardiopulmonary diagnostic challenges.

Radiologists --> Key role in early detection.

Improving diagnostics --> Impact cancer survivors' outcomes.

