Fellowship Checklist 2023-2024 – Part 2  
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1. SIM card
   • Having a working phone number is very essential for the significant administrative/life tasks you will begin during your two weeks in quarantine.
   • There are two main options:
     i. Bring your sim card with you from your country and pre organise a roaming plan etc for the first month until you get a local SIM/plan
     ii. Order a prepaid Canadian sim card to be delivered to your home country which you bring with you and activate when you land
        https://www.simoptions.com/prepaid-sim-card-canada/
   • Once you are out of quarantine you can get a cheaper option online or from a store, the prices/deals are continuously changing.

2. Tasks to start upon arrival in Canada/ while in quarantine:
   • Apply for LEVEL 2 background check with Toronto Police that is needed for UofT registration.
     i. https://www.torontopolice.on.ca/background-checks/criminal-record-judicial-matters-check.php
     ii. This will be sent to you in the mail and takes 7-10 days so you will need to give the address of your quarantine location and check that you can actually receive mail there!
        1. If you are quarantining in an Airbnb you MUST check this – lots of condominiums actually have banned Airbnb (the advert might not mention this) and so the front desk will return any mail/packages if the name does not match the name on their records for the condominium/apartment etc.
• **Apply online for SIN (Social Insurance Number)**
  ii. You will need your work permit, passport and **proof of address in Canada** (The hardest bit given you have just arrived, unless you are quarantining in the place you are living in for the rest of the year/have already signed a lease etc.)
  iii. **Examples** of acceptable proof of address in Canada:
    1. a letter or document from a government (federal, provincial, territorial or foreign)
    2. a letter or document from a financial institution (bank statement, credit card statement, mortgage contract or statement, etc.)
    3. a **residential tenancy agreement/lease**
    4. a bill (such as a telecom provider, a cable provider, a utility provider, etc.)
    5. any document issued by a school, college or university that shows your address
    6. employment contract that shows your address
    7. a letter from an organization or an institution attesting the mailing address of the applicant. The organization/institution and the applicant must sign the letter confirming the mailing address.
  iv. Again, this will take 7-10 days to receive in the mail
  v. If you have not received it by the time your quarantine ends, you can go and collect a physical copy/print out from **Service Canada** in person (This is different again to **Service Ontario** where you get your OHIP “Ontario Health Insurance Plan” and driver’s license etc).

• **Apply for a bank account**
  i. You cannot pay for your CMPA and therefore cannot be registered with UofT and begin work without a bank account
  ii. This is incredibly variable depending on what bank you want to go with – there are the “big 5” which most people go with. You will need to google/research yourself and it is highly advisable to call the banks themselves and ask for advice. There is a lot of variation on what the banks require before you can open an account
     1. Some banks may have agreements with your country/bank and so you can open prior to arriving in Canada
2. Some banks may allow you to open an account online as long as you present in person within 2 weeks with the required documents.

3. Again, depending on the bank you will likely need proof of address in Canada similar to SIN (see above examples), passport and work permit at a minimum.

4. You

3. Post quarantine jobs
   - Complete any of the above that is outstanding or required you to present in person i.e. bank account, chase up SIN application at Service Canada in person
   - Apply for OHIP in person at Service Ontario
     - You will need three separate, original (not photocopies or printouts of electronic documents) identification documents:
       1. one that proves your OHIP - eligible immigration status (your work permit)
       2. one that proves you live in Ontario (your signed lease or other proof of address as described above previously)
       3. one that supports your identity (passport)
       4. UHIP/OHIP can only be obtained if you are in Canada. When you arrive and you provide PGME with your work permit, they will send you registration instructions which will include how to apply for UHIP/OHIP.